Interventions in Community Settings

Intervention	CPSTF Finding
Behavioral Interventions that Aim to Reduce Recreational Sedentary Screen Time Among Children	Recommended (strong evidence) August 2014
Worksite Programs	Recommended (sufficient evidence) February 2007
Technology-Supported Multicomponent Coaching or Counseling Interventions	
To Reduce Weight	Recommended (sufficient evidence) June 2009
To Maintain Weight Loss	Recommended (sufficient evidence) June 2009